



# Active Classrooms Week

[#ThisIsYourBrainOnMovement](#)

is participating in [Active Schools Active Classrooms Week](#)

to shine a spotlight on teachers and schools who incorporate physical activity into classroom learning because studies show

**ACTIVE KIDS LEARN BETTER!**

Our teachers will be showcasing ways they integrate physical activity into their classrooms to highlight the positive impact movement has on students. Teachers who don't generally incorporate movement into their lessons will be giving it a try.

**Ask your child what they thought about Active Classrooms Week at home and share their feedback with [#ThisIsYourBrainOnMovement](#) tagging [@ActiveSchoolsUS](#)**

Learn more and check out the toolkit available at [www.activeschoolsus.org/active-classrooms-week](http://www.activeschoolsus.org/active-classrooms-week)